附件1

**消防员岗位体能测试计分标准**

|  |  |  |  |
| --- | --- | --- | --- |
| **得分** | **100米**  **计分标准** | **3000米**  **计分标准** | **单杠引体向上**  **计分标准** |
| 100 | 13"30 | 13＇00＂ | 19 |
| 90 | 14"50 | 13＇14＂ | 18 |
| 80 | 15"00 | 13＇28＂ | 17 |
| 70 | 15"50 | 13＇42＂ | 16 |
| 60 | 16"00 | 14＇00＂ | 15 |
| 50 | 16"50 | 14＇14＂ | 14 |
| 40 | 17"00 | 14＇28＂ | 13 |
| 30 | 17"50 | 14＇42＂ | 12 |
| 20 | 18"00 | 15＇00＂ | 11 |
| 10 | 18"50 | 15＇14＂ | 10 |