附件3

巡特警B体能测试标准

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| 分值 | 100米跑（秒） | 1000米跑（分′秒） | 引体向上（次） |
| 100 | 12″50 | 3′26″ | 20 |
| 95 | 12″75 | 3′28″ | 19 |
| 90 | 13″00 | 3′30″ | 18 |
| 85 | 13″25 | 3′32″ | 17 |
| 80 | 13″50 | 3′35″ | 16 |
| 75 | 13″75 | 3′40″ | 15 |
| 70 | 14″00 | 3′45″ | 14 |
| 65 | 14″25 | 3′50″ | 13 |
| 60 | 14″50 | 3′55″ | 12 |
| 55 | 14″9 | 4′00″ | 10 |
| 50 | 15″2 | 4′05″ | 8 |
| 45 | 15″5 | 4′10″ | 6 |
| 40 | 15″8 | 4′15″ | 4 |
| 35 | 16″1 | 4′20″ | 2 |