**附件1;体能测试项目及评分参考**

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| --- | --- | --- |
| 得分 | 1500米跑 | 单杠引体向上 |
| 100 | 5′40″ | 14 |
| 90 | 6′00″ | 12 |
| 80 | 6′20″ | 10 |
| 70 | 6′40″ | 8 |
| 60 | 7′00″ | 6 |

|  |  |
| --- | --- |
| 得分 | 折返跑10x5 |
| 100 | 30″00 |
| 96 | 31″00 |
| 92 | 32″00 |
| 88 | 33″00 |
| 84 | 34″00 |
| 80 | 35″00 |
| 76 | 36″00 |
| 72 | 37″00 |
| 68 | 38″00 |
| 64 | 39″00 |
| 60 | 40″00 |