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| 附件2    **公安机关录用人民警察体能测评项目和标准（暂行**）    （一）男子组   |  |  |  | | --- | --- | --- | | 项目 | 标准 | | | 30岁（含）以下 | 31岁（含）以上 | | 10米×4往返跑 | ≤13″1 | ≤13″4 | | 1000米跑 | ≤4′25″ | ≤4′35″ | | 纵跳摸高 | ≥265厘米 | |     （二）女子组   |  |  |  | | --- | --- | --- | | 项  目 | 标  准 | | | 30岁（含）以下 | 31岁（含）以上 | | 10米X4往返跑 | ≤14″1 | ≤14″4 | | 800米跑 | ≤4′20″ | ≤4′30″ | | 纵跳摸高 | ≥230厘米 | | |