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| 警务辅助人员体能测试评分标准 |
| **组别** | **男** | **女** |
|  **课目分值** | **1000米跑（分′秒）** | **引体向上（次）** | **800米跑（分′秒）** |
|
| 100 | 3′25″ | 30 | 3′15″ |
| 99 | 3′26″ | 　 | 3′16″ |
| 98 | 3′27″ | 29 | 3′17″ |
| 97 | 3′28″ | 　 | 3′18″ |
| 96 | 3′29″ | 28 | 3′19″ |
| 95 | 3′30″ | 　 | 3′20″ |
| 94 | 3′31″ | 27 | 3′21″ |
| 93 | 3′32″ | 　 | 3′22″ |
| 92 | 3′33″ | 26 | 3′23″ |
| 91 | 3′34″ | 　 | 3′24″ |
| 90 | 3′35″ | 25 | 3′25″ |
| 89 | 3′36″ | 　 | 3′26″ |
| 88 | 3′37″ | 24 | 3′27″ |
| 87 | 3′38″ | 　 | 3′28″ |
| 86 | 3′39″ | 23 | 3′29″ |
| 85 | 3′40″ | 　 | 3′30″ |
| 84 | 3′41″ | 22 | 3′31″ |
| 83 | 3′42″ | 　 | 3′32″ |
| 82 | 3′43″ | 21 | 3′33″ |
| 81 | 3′44″ | 　 | 3′34″ |
| 80 | 3′45″ | 20 | 3′35″ |
| 79 | 3′46″ | 　 | 3′36″ |
| 78 | 3′47″ | 19 | 3′37″ |
| 77 | 3′48″ | 　 | 3′38″ |
| 76 | 3′49″ | 18 | 3′39″ |
| 75 | 3′50″ |   | 3′40″ |
| 74 | 3′51″ | 17 | 3′41″ |
| 73 | 3′52″ | 　 | 3′42″ |
| 72 | 3′53″ | 16 | 3′43″ |
| 71 | 3′54″ | 　 | 3′44″ |
| 70 | 3′55″ | 15 | 3′45″ |
| 69 | 3′56″ | 　 | 3′46″ |
| 68 | 3′57″ | 14 | 3′47″ |
| 67 | 3′58″ | 　 | 3′48″ |
| 66 | 3′59″ | 13 | 3′49″ |
| 65 | 4′00″ |   | 3′50″ |
| 64 | 4′01″ | 12 | 3′51″ |
| 63 | 4′02″ | 　 | 3′52″ |
| 62 | 4′03″ | 11 | 3′53″ |
| 61 | 4′04″ | 　 | 3′54″ |
| 60 | 4′05″ | 10 | 3′55″ |
| 59 | 4′06″ | 　 | 3′56″ |
| 58 | 4′07″ | 9 | 3′57″ |
| 57 | 4′08″ | 　 | 3′58″ |
| 56 | 4′09″ | 8 | 3′59″ |
| 55 | 4′10″ | 　 | 4′00″ |
| 54 | 4′11″ | 7 | 4′01″ |
| 53 | 4′12″ | 　 | 4′02″ |
| 52 | 4′13″ | 6 | 4′03″ |
| 51 | 4′14″ | 　 | 4′04″ |
| 50 | 4′15″ | 5 | 4′05″ |
| 49 | 4′16″ | 　 | 4′06″ |
| 48 | 4′17″ | 4 | 4′07″ |
| 47 | 4′18″ | 　 | 4′08″ |
| 46 | 4′19″ | 3 | 4′09″ |
| 45 | 4′20″ | 　 | 4′10″ |