

## Unit 8 How do you make a banana milk shake?

### Step1 Lead-in

Good morning boys and girls! How are you today? You good? I am fine, too.

Today we are going to talk about a traditional food. This food is very delicious, it seems like noodles, but it is made of rice. This food also has some meat, vegetables and soup. It is a traditional food in Yunnan province. What is this food? Wonderful, it is Yunnan Rice Noodles. Have tasted Yunnan Rice noodles? Yes? Look at the picture, there are so many ingredients, what are they? Eggs, vegetables, meat, rice noodles, soup...

### Step2 Pre-writing

#### Complete 3a

Now, please read 3a and fill in the blanks with the words in 3a.

Do you finish?

Who wants to read this small passage for us? You, please. Good, do all the students agree with him? No, someone shakes head. So, who else wants to share his answer? You, please. Do you agree with him? Yes, he is right. Thank you, sit down, please.

Now, you are going to write a small paragraph of a recipe of your favorite food like this passage in 3a.

### Step3 While-writing

Think about your favorite food now, what is your favorite food? For me, my favorite food is burger. How to make a burger? What ingredients do I need? Yes, I need some bread and vegetables. I like tomato, so I need to prepare some tomatoes. Also, I like to have some beef and cheese. Well done, that's all I need. You see what I mean?

Now, I need to write down my recipe of burger.

First, cut up the tomatoes.

Next, cook the beef.

Then, put the tomatoes slices and beef on a piece of bread.

Finally, add some cheese and put another piece of bread on the top.

You see, this is my recipe of burger. It's not that difficult.

Now, it's your turn to finish your recipe.

You will have 15 mins to finish writing. Now, let's start, if you need any help, just ask me.

#### Step4 Post-writing

Are you done? Excellent!

Now, if you finished, read your work and try to check your grammar and spelling. Also, remember to capitalize the first letter of first word in each sentence. Pay attention to the punctuation.

#### Step4 Summary

Time goes fast. It is almost the end of our class. What have we learned today? Yes, we have learned how to cook Yunnan Rice Noodles. How to make it? Then we write the recipe of our favorite food so you may try to cook this food by yourself!

#### Step5 Homework

For today's homework, try to make your favorite food at home according to the recipe they write. Next time, share your cooking experience.

教材：人教版 八年级上册 Unit 8 How do you make a banana milk shake?

**3a** Read the recipe below and fill in the blanks with the words in the box.

cook    next    wash    finally    have    enjoy    first    cut

**Yunnan Rice Noodles**

In Yunnan, many people eat rice noodles for breakfast, and even for lunch and dinner. To make this special food, you need to \_\_\_\_\_ rice noodles, chicken soup, chicken, lettuce and eggs. (Of course, you can also have other things like fish and different vegetables.) \_\_\_\_\_, \_\_\_\_\_ the lettuce and cut it up. \_\_\_\_\_, \_\_\_\_\_ the chicken into pieces. Then, make the chicken soup very hot, over 100°C.



Then, \_\_\_\_\_ the eggs, meat and lettuce in the pot of hot soup, one by one. \_\_\_\_\_, put the rice noodles into the soup. Now, it's time to \_\_\_\_\_ the rice noodles!

**3b** Think of a favorite food in your hometown. Make a list of ingredients.

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\_\_\_\_\_

\_\_\_\_\_

**3c** Write a recipe for your favorite food. Use 3a and 3b to help you.

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