

## Unit 8 How do you make a banana milk shake?

课型：写作课

课时：1 课时

教材：人教版 八年级上册 Unit 8 How do you make a banana milk shake?

**3a** Read the recipe below and fill in the blanks with the words in the box.

cook    next    wash    finally    have    enjoy    first    cut

### Yunnan Rice Noodles

In Yunnan, many people eat rice noodles for breakfast, and even for lunch and dinner. To make this special food, you need to \_\_\_\_\_ rice noodles, chicken soup, chicken, lettuce and eggs. (Of course, you can also have other things like fish and different vegetables.) \_\_\_\_\_, \_\_\_\_\_ the lettuce and cut it up. \_\_\_\_\_, \_\_\_\_\_ the chicken into pieces. Then, make the chicken soup very hot, over 100°C.



Then, \_\_\_\_\_ the eggs, meat and lettuce in the pot of hot soup, one by one. \_\_\_\_\_, put the rice noodles into the soup. Now, it's time to \_\_\_\_\_ the rice noodles!

**3b** Think of a favorite food in your hometown. Make a list of ingredients.

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**3c** Write a recipe for your favorite food. Use 3a and 3b to help you.

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**教学目标:**

**知识目标:**

Students will be able to write about the process of making their favorite using sequence words: first, then, next, after that, finally.

**能力目标:**

Students will be able to write down the ingredients of their favorite.

Students will be able to write a recipe for their favorite food.

**情感态度与价值观目标:**

Students will be aware of the importance of healthy eating.

Students will also start to learn how to cook and the process of cooking.

**教学重点:** Writing a recipe for Ss favorite food.

**教学难点:** Students will be aware of the importance of healthy eating.

**教学工具 (或教学准备):** Textbook, PPT

**教学过程:**

**Step1: Lead-in**

**Guessing food**

Teacher describe Yunnan rice noodles.

Have Ss guess what this food is.

Show the picture of Yunnan rice noodles.

Have Ss think and talk about the ingredients and steps of making Yunnan rice noodles.

**Step2: Pre-writing**

Complete 3a

Have Ss read 3a and fill in the blanks with the words in 3a.

Check answers.

Tell Ss they are going to write a small paragraph of a recipe of their favorite food

like the passage in 3a.

**Step3: While-writing**

Have Ss think and choose a kind of food as their favorite food.

Have Ss think about the ingredients they may need to make this food, and write the ingredients in 3b.

Teacher can model on the blackboard.

Have Ss write a recipe for their favorite food according to the passage in 3a.

Have Ss use sequence words: first, next, then, finally.

**Step4: Post-writing:**

Self-check/Peer check

When finish writing, have Ss self-check/peer check their work. (Grammar errors, spelling, punctuation...)

Revise

Have Ss correct the errors.

Share

Invite some Ss share their food recipe for the whole class.

**Step5: Summary**

Have students summarize what they learned today. Teacher ask some questions: how to make Yunnan rice noodles? Then, elicit the emotional attitude of this class.

**Setp5: Homework**

Try to make your favorite food at home according to the recipe they write.

**板书设计:**

Unit 8 How to make a banana milk shake?

Yunnan rice noodles
Ingredients:
Recipe:
First, _____.
Next, _____.
Then, _____.
Finally, _____.

Your favorite food: _____
Ingredients:
Recipe:
First, _____.
Next, _____.
Then, _____.
Finally, _____.